

INTERNAL MEDICINE

POLICIES AND PROCEDURES

Policy Number: 08
Date Issued: 11/2002

Prior Revision Date: 08/2009

Date Revised: 04/2017

Moonlighting Policy for Internal Medicine Training Program at Texas Health Presbyterian Hospital Dallas

PURPOSE:

To define the Internal Medicine Training Program policy for

moonlighting.

SCOPE:

Applies to PGY-2 and PGY-3 residents (hereafter referred to as trainees) in the Internal Medicine training program of Texas Health Presbyterian Hospital Dallas. PGY-1 residents are not permitted to moonlight.

PROVISIONS:

Qualifications for moonlighting:

- 1. Texas Medical License: The trainee must be an independent licensed physician with the state of Texas.
- 2. Malpractice Insurance: The trainee must obtain malpractice coverage for any moonlighting position acceptable to Texas Health Dallas.
- 3. Signed approval from the Associate Program Director and Program Director.

Restrictions:

- 1. The trainee may not moonlight during rotations requiring in-house call, for example, ward rotations, or ICU rotations.
- 2. Trainees must comply with work hour regulations prescribed by the ACGME which count moonlighting hours along with hours worked for residency training. Trainees may not exceed eighty (80) hours of work averaged in a four (4)-week period.
- 3. The trainee must register his/her moonlighting hours with the Program Director or Associate Program Director, or their designee.

4. The number of moonlighting shifts trainees may work applies to a rotation month, NOT a true calendar month. The ACGME does calculations for work hours in four (4)-week intervals.

During elective or selective months, forty (40) hours of work per week is what is assumed for residency responsibilities, amounting to a total of 160 hours worked on the elective in a four (4)-week period of time. Hence, 320 hours of maximally allowed work time minus 160 hours for residency responsibilities on an elective leaves 160 hours available for moonlighting in a four (4)-week period of time. Divided into twelve (12)-hour moonlighting shifts, this equals a maximum of thirteen (13) shifts in a four (4)-week time period. If a trainee spends more than forty (40) hours on an elective per week, fewer shifts are allowed. For example, if a trainee works forty-six (46) hours a week on the elective, the maximum number of twelve (12)-hour moonlighting shifts would be eleven (11).

- 5. If a trainee takes five (5) days of vacation on an elective, then 120 hours are subtracted from 320, assuming forty (40) hours worked per week, so a trainee may moonlight 200 hours over the four (4)-week period of time, giving a maximum total of sixteen (16) shifts.
- 6. Abuse of moonlighting that affects performance, attendance, and/or participation in the residency training program will result in withdrawal of moonlighting privileges for an indefinite period of time as determined by the Program Director and/or Associate Program Director. As well, the Program Director may revoke moonlighting privileges from any trainee whose performance becomes marginal or unsatisfactory.

MARK FELDMAN, M.D.

Chairman, Internal Medicine

Program Director, Internal Medicinc

Aurora Estevez, M.D.

Chief Medical Officer-

Designated Institutional Official

Moonlight Approval Form (Policy No. 08)

Name:	
Medical Licen	se Number:
Medical Malpr	actice Insurance Policy/Company:
	yment:
permitted to wo	at under my contract with Texas Health Presbyterian Hospital Dallas, I am not ork more than eighty hours/week, including moonlighting shifts. I also understand bonlight during a ward or ICU rotation. I verify that the above information is true
Signature of Re	sident:
Attach: (Copy of Texas Medical License Copy of Malpractice Insurance Copy of Work Hours
	Gill, MD iate Program Director, Internal Medicine Department
Chair	Feldman, MD nan, Internal Medicine um Director. Internal Medicine